

## Programme Regulations: 2021/2022

### Master of Science in Sport and Exercise Psychology

Code: 5417F, 5417P

#### Notes

- (i) *These programme regulations should be read in conjunction with the University's Taught Programme Regulations.*
- (ii) *A core module is a module which a student must pass.*
- (iii) *A compulsory module is a module which a student is required to study.*
- (iv) *All modules are delivered in Linear mode unless stated otherwise as Block, eLearning or distance learning.*

#### 1. Programme Structure

- (a) The programme is available for study in both full-time and part-time modes.
- (b) The period of study for full-time mode shall be 1 year starting in September.
- (c) The period of study for part-time mode shall normally be 2 years starting in September.
- (d) The programme comprises modules to a credit value of 180.
- (e) All candidates shall take the following compulsory modules:

#### Full Time

| <i>Code</i> | <i>Descriptive title</i>                                            | <i>Total Credits</i> | <i>Credits Sem 1</i> | <i>Credits Sem 2</i> | <i>Credits Sem 3</i> | <i>Level</i> | <i>Type</i> | <i>Mode</i> |
|-------------|---------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|--------------|-------------|-------------|
| PSY8061     | Advanced Research Methods for Applied Psychology A                  | 10                   | 10                   |                      |                      | 7            | Core        |             |
| PSY8062     | Advanced Research Methods for Applied Psychology B                  | 10                   |                      | 10                   |                      | 7            | Core        |             |
| PSY8073     | Professional Development for Sport and Exercise Psychologists       | 20                   |                      | 20                   |                      | 7            | Core        |             |
| PSY8074     | Clinical Sport and Exercise Psychology                              | 20                   |                      | 20                   |                      | 7            | Core        |             |
| PSY8075     | Social and Interpersonal Processes in Sport and Exercise            | 20                   | 20                   |                      |                      | 7            | Core        |             |
| PSY8076     | Applied Sport and Performance Psychology                            | 20                   | 20                   |                      |                      | 7            | Core        |             |
| PSY8077     | Psychological Techniques for Sport and Exercise Psychology Practice | 20                   | 20                   |                      |                      | 7            | Core        |             |
| PSY8078     | Sport and Exercise Psychology Project                               | 60                   |                      |                      | 60                   | 7            | Core        |             |

## Part Time - Year 1

(a) All candidates shall take the following compulsory modules:

| <i>Code</i> | <i>Descriptive title</i>                                      | <i>Total Credits</i> | <i>Credits Sem 1</i> | <i>Credits Sem 2</i> | <i>Credits Sem 3</i> | <i>Level</i> | <i>Type</i> | <i>Mode</i> |
|-------------|---------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|--------------|-------------|-------------|
| PSY8073     | Professional Development for Sport and Exercise Psychologists | 20                   |                      | 20                   |                      | 7            | Core        |             |
| PSY8061     | Advanced Research Methods for Applied Psychology A            | 10                   | 10                   |                      |                      | 7            | Core        |             |
| PSY8062     | Advanced Research Methods for Applied Psychology B            | 10                   |                      | 10                   |                      | 7            | Core        |             |
| PSY8076     | Applied Sport and Performance Psychology                      | 20                   | 20                   |                      |                      | 7            | Core        |             |

## Part Time - Year 2

(a) All candidates shall take the following compulsory modules:

| <i>Code</i> | <i>Descriptive title</i>                                            | <i>Total Credits</i> | <i>Credits Sem 1</i> | <i>Credits Sem 2</i> | <i>Credits Sem 3</i> | <i>Level</i> | <i>Type</i> | <i>Mode</i> |
|-------------|---------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|--------------|-------------|-------------|
| PSY8074     | Clinical Sport and Exercise Psychology                              | 20                   |                      | 20                   |                      | 7            | Core        |             |
| PSY8075     | Social and Interpersonal Processes in Sport and Exercise            | 20                   | 20                   |                      |                      | 7            | Core        |             |
| PSY8077     | Psychological Techniques for Sport and Exercise Psychology Practice | 20                   | 20                   |                      |                      | 7            | Core        |             |
| PSY8078     | Sport and Exercise Psychology Project                               | 60                   |                      |                      | 60                   | 7            | Core        |             |

## 2. Assessment methods

Details of the assessment pattern for each module are explained in the module outline.

## 3. Other

None.